

Triangle Insight Meditation Community

www.triangleinsight.org

Kalyana Mitta Groups

Organization, Contact Information, and Online Resources

(12-29-14)

I. Organization:

- Coordinator
- Advisors
- Liaison with Teachers Group
- Group Administrators

A. Coordinator: Sarah Tillis (sarah@triangleinsight.org)

1. Functions as a point person for KM issues
2. Keeps track of which groups are currently meeting:
 - a. Group description
 - b. Administrators
 - c. Meeting time and location
 - d. Group membership and whether group is open to new members
3. Keeps website person up to date so relevant information can be posted
4. Receives Questionnaires from those looking for a group
5. Is contact person for any group difficulties
 - a. Will consult with Advisors and, if desired, Liaison, to brainstorm and develop response to the group
 - b. Original Advisors to the group may then consult or meet with group if the group desires.

B. Advisors:

Tamara Share (tamara@triangleinsight.org)

Tom Howlett (thowlett11@gmail.com)

Sarah Tillis (sarah@triangleinsight.org)

1. Orient groups and help groups get started
2. Consult with groups as requested
3. Help Coordinator as needed, for example:
 - a. If sangha member is unsure of which group to join
 - b. If any group needs help

C. Liaison to Teachers Group: Jeanne van Gemert (jeanne@triangleinsight.org)

1. Coordinate with the Teachers Group
2. Coordinate meetings and communication with the KM Organizing Team
3. Help Coordinator and Advisors if needed

D. Group Administrators

1. Are not necessarily the same individuals as group organizers
2. Coordinate group logistics and communication
3. Keep KM Coordinator informed of group description and logistics, membership, status of any openings, changes to group

II. To Become Part of the KM Organizing Team (e.g., an Advisor)

If any sangha member with a longstanding practice and psychological skills wants to be part of the KM Organizing Team, please contact Jeanne van Gemert via email:

jeanne@triangleinsight.org

III. Contact Information

Tom Howlett: thowlett11@gmail.com

Tamara Share: tamara@triangleinsight.org

Sarah Tillis: sarah@triangleinsight.org

Jeanne van Gemert: jeanne@triangleinsight.org

IV. Online Resources about Kalyana Mitta Groups

[Spirit Rock Meditation Center](#)

[Insight Meditation Community of Washington](#)

[James Baraz Kalyana Mitta Dharma Talks](#)